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PAGE 15

CALGARY metro®

Monday, October 22, 2012

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FOCUSED ON THE ICE

PAGE 4

Canada's Michael Gilday leads the pack during a 1,000-metre semi-final race at the Olympic Oval on Sunday, part of the first World Cup short-track speed-skating event of the season. ROBSON FLETCHER/METRO

Bully outers claim they're now targets

Vicious cycle. Actions of Calgary-area women spurred by criticism in wake of B.C. bullying victim's suicide

Three Calgary-area women running a Facebook page created specifically to combat cyberbullying claim they are now being verbally abused and have notified police.

Melissa Buck, co-creator of the "We are against bullying" page, said their actions came in response to negative comments and photos flooding the web after the suicide of B.C. teenager Amanda Todd earlier this month after years of torment and threats from a sexual predator.

In once instance, a member of Buck's Facebook group went so far as to contact the Toronto-based employer of a man over his hurtful posting about Todd, leading to his dismissal from the company.

But the group's actions have also drawn criticism — YouTube videos and Facebook pages have emerged specifically targeting the three local women at the centre of the effort.

"It's very ironic," Buck said, adding while she finds the threats hollow, one of her fellow administrators withdrew from the group entirely after insults began popping up. "I have asked everyone to please not target people anymore because of the backlash.... I am now just reporting (Facebook) pages and waiting for this to all die down."

One of the men Buck specifically referenced as taking aim at her group is 22-year-old Maryland blogger Carl Sherburne. Reached by Metro Sunday, Sherburne claimed he's simply taking issue with the group's approach.

"I just don't believe that chasing after pictures of Amanda Todd that are all over the Internet is going to help anyone," he said, adding he's been in touch with bullying victims since Todd's death and believes helping prevent further tragedy is more important.

Sherburne said Calgary police had not contacted him and local investigators were not available for comment Sunday.

Anne McTavish, a local conflict coach and lawyer, said the Facebook group runs the risk of replicating the harm caused to Todd.

"If you make it (criticism) strong enough to get through (a bully's) defences, you're going to kill them," she said. "You're going to inflict a very, very deep wound and, in the end, you're the one who gets labelled a bully."

JEREMY NOLAIS/METRO

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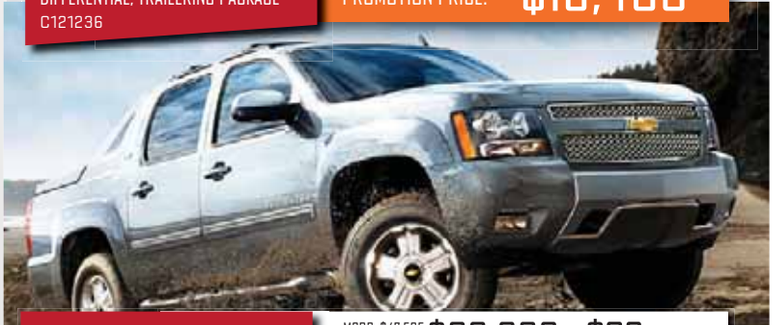

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NEWS

Road report.
Slippery conditions lead to rash of collisions

There were dozens of collisions in Calgary once the snow started falling over the weekend but police say weather wasn't a factor in the most serious crash that put a 23-year-old man in hospital with life-threatening injuries.

"This was strictly driver-related, so the alcohol and the speed," Insp. Patty McCallum said of that collision, which happened at about 12:30 a.m. on Sunday in the 9700 block of Bonaventure Drive S.E.

The driver of a grey Mazda was headed southbound when he lost control of the vehicle, left the road and struck a tree, according to police.

The 23-year-old, who was the lone occupant of the vehicle, was taken to hospital and as of 11 a.m. on Sunday remained in life-threatening condition, McCallum said.

There were 73 other reported collisions between noon on Saturday and 6 a.m. on Sunday in Calgary, McCallum added, many of which were related to the wintery conditions.

"Some people haven't changed over winter tires or they're not used to this kind of driving, but heck, we go through it ever year," McCallum said. "We just have to remind people that you've got to change with the weather conditions. You need to slow down and you need stopping distance."

ROBSON FLETCHER/METRO

On the web

For more local news, go to metronews.ca

People pass in front of the Globe Cinema, which staff members have said is slated to shut down next month. JEREMY NOLAIS/METRO

Globe Cinema appears primed to shut down

Sign of the times?
Closure would leave just one arthouse theatre in Calgary

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Details are limited but it appears Calgary will lose another one of its arthouse movie theatres next month.

Globe Cinema staff members and owner Paul Stickney confirmed Sunday that the two-screen venue is on its last legs.

A woman working the box office said she's been told the last day of screenings will be Nov. 30, adding the reason is likely steep rental rates being charged to keep the cinema in its downtown home at 617 8th Ave. S.W.

Stickney, meanwhile, was reached on vacation and declined to comment in detail without consulting with the Globe's owners, Landmark Cinemas.

"This is something, whether or not it's happening, of course it's happening," he said. "It's just whether or not I am allowed or encourage to comment on it — they (Landmark) have a way that they like to handle things and explain things."

The Globe's closure would come on the heels of operations being ceased at fellow downtown venue, The Uptown Stage & Screen, in August. Owners there sighted a dramatic rise in popularity of Internet movie piracy and video services like Netflix.

The Plaza Theatre in Kensington, destined to become the city's only remaining arthouse theatre should the Globe close, was also rumoured to be in financial trouble but owner Mike Brar snuffed out talk of shutting down in August.

Local film buff Cody Stuart learned of the Globe's apparent closure date while attending a film there Saturday night.

"I think it's weird that there's this big push to get people downtown (in Calgary), but at the same time, the attractions downtown seem to be vanishing rapidly," he said, before adding that the general public seems more interested in attending massive multiplexes elsewhere in the city.

"It's a shame because there are good movies in small theatres, too," he said.

Venue history

- Globe Cinema was originally named Towne Cinema when it opened as a single-screen theatre in 1965. It expanded to two screens in the early 1970s.
- Landmark Cinemas took over the venue in the 1990s and renamed it the Globe Cinema.

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Calgary Centre. Campaign volunteers off and running as byelection date set

Many Calgarians chose to stay at home on a snowy Sunday morning, but campaign volunteers were out and about just hours after Prime Minister Stephen Harper announced a byelection in Calgary Centre.

The race to replace former Conservative MP Lee Richardson — who resigned his seat in May — was in full swing by midday, by which time Gwyneth Midgley was busy fielding phone calls and accepting donations on behalf of Liberal candidate Harvey Locke.

"I'm interested in — and it sounds clichéd — making the world a better place, "the longtime political volunteer said. "I see politics as an important way of doing that,"

Natalie Odd, meanwhile, was busy co-ordinating what she described as hundreds of volunteers who have signed up to work for Green Party candidate Chris Turner.

"They are coming to us, unsolicited, continually," Odd said, adding that "volunteers can make or break your campaign."

Liberal campaign volunteer Gwyneth Midgley, right, helps Calgary Centre resident Nora Stewart affix a sign to the front of her home on Sunday. ROBSON FLETCHER/METRO

The NDP, meanwhile, have yet to name a candidate to run in the riding. The party has a nomination meeting set for Oct. 27.

Conservative candidate Joan Crockatt's campaign did not return phone calls on Sunday.

The byelection is set for Nov. 26. ROBSON FLETCHER/METRO

No injuries

Vehicle plows into Beltline coffee shop

Police say a driver escaped injury after crashing a vehicle into a business in Calgary's Beltline area Sunday afternoon.

No one was hurt as witnesses reported a vehicle rammed into a coffee shop at 15th Avenue and 11th Street S.W., according to a police spokesperson.

Emergency medical responders were called to the scene as a precaution.

The cause of the collision is under investigation. METRO

Body found Sunday

Man drowns near Athabasca

A 60-year-old man is dead after falling into Calling Lake and drowning on Saturday.

Athabasca RCMP were called around 4:30 on Saturday afternoon, after witnesses watched as Henry Clarence Houle fell into the lake from a canoe while pulling in a fishing net.

Rescuers worked until nightfall and found the canoe and net on Saturday, but had to call off the search. Houle's remains were found Sunday morning. METRO

Canada's Olivier Jean, leading the pack, leans into a turn en route to a first-place finish in the men's 500-metre B-final (fifth place overall) on Sunday. Inset: Matt McLean, left, and Dan Carruthers quickly patch up a gap in the ice surface between races. PHOTOS BY ROBSON FLETCHER/METRO

Plenty of speed at Olympic Oval races

Short and sweet. Facility at the University of Calgary, known more for long-track speed skating, hosts its first short-track World Cup event since 2003

ROBSON FLETCHER
robson.fletcher@metronews.ca

Living up to its reputation as "the fastest ice in the world," Calgary's Olympic Oval saw several short-track speed skating world records broken over the weekend in front of sell-out crowds.

Three records had already fallen going into Sunday's World Cup finals, where another capacity crowd of 1,000 spectators was on hand, said Olympic Oval spokesperson Tracy Stewart.

"There were a lot of people in the crowd that were speed-skating fans that we see at a lot of our long-track events, but there have also been quite a few people who are new to the sport," she said.

The Oval, built for the 1988 Olympic Games, celebrated its 25th anniversary this fall.

Mark Messer, now the facility's chief plant manager, has been there from the beginning, making sure the ice stays in tip-top shape.

"We've got a crew of guys who take great pride in doing it," he said.

Two members of that crew are Matt McLean and Dan Carruthers, who zipped onto the track between events Sunday with water and a cylinder of compressed carbon dioxide to patch up the ice.

"It just gives us that quick freeze they need in between races," McLean said. "You only have about a minute, a minute and a half."

Quoted

"When you do have that reputation, people come here and expect it to be fast, so they expect to go fast, and they push it a little bit more."

Chief plant manager Mark Messer, on why records are often broken at the Olympic Oval

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Fatal spa shooting may be related to domestic dispute

Suspect had a restraining order against him. Police chief says 45-year-old suspect in deadly rampage died of self-inflicted wound

Raddiffe Franklin Haughton, 45, of Brown Deer, Wis. BROOKFIELD POLICE DEPT/THE ASSOCIATED PRESS

A man who had been accused of domestic violence and slashing his wife's tires took a gun into the spa where she worked and shot seven women, three fatally, before killing himself, a police chief said.

The shootings set off a confusing, six-hour search Sunday for the gunman that locked down a nearby mall, a country club adjacent to the spa and the hospital where the survivors were taken. The search froze activity in a commercial area in Brookfield, a middle-to-upper class community west of Milwaukee, for much of the day. Ultimately, he was found dead in the spa.

Authorities said it would take time to sort out exactly what happened, and emphasized they were still interviewing witnesses and rescuers and did not have a firm timeline of events. At a news conference Sunday night, Mayor Steve Ponto called the shootings "a senseless act on the part of one person."

The chaos started around 11 a.m. at the Azana Day Spa, a two-story, 9,000-square-foot building across from a major shopping mall. The first officers on the scene found the building filled with smoke from a fire authorities believe was set by the suspect, Radcliffe Franklin Haughton, 45, Police Chief Dan Tushaus said.

The bodies of the victims were found in the spa. It wasn't clear if the man's wife was among the victims.

Haughton had recently been arrested after witnesses identified him as the person who slashed his wife's tires, police said. He appeared in court Thursday. A four-year restraining order was issued, and Haughton was ordered to turn any firearms over to the sheriff's department.

THE ASSOCIATED PRESS

North America's newest aboriginal saint

Nuns hold images of Canada's Kateri Tekakwitha, North America's newest aboriginal saint, as they wait for the start of a canonization ceremony celebrated by Pope Benedict XVI, in St. Peter's Square, at the Vatican on Sunday. The pontiff canonized seven people: Tekakwitha, Maria del Carmen, Pedro Calungsod, Jacques Berthieu, Giovanni Battista Piamarta, Mother Marianne Cope and Anna Shaeffer. ANDREW MEDICHINI/THE ASSOCIATED PRESS

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Palestinians snub Fatah in elections: Pundits

Independents. Fatah loses council majorities in five towns; Hamas boycotts election

Palestinian election officials said Sunday that voters choosing new local councils in the West Bank rebuffed candidates from President Mahmoud Abbas' Fatah movement in five of the 11 main towns, an apparent blow to the Palestinian leader.

Fatah had hoped to revive its flagging political legitimacy with Saturday's municipal elections, the first voting in the Palestinian territories in more than six years. With main rival Hamas boycotting the election, Fatah counted on a strong endorsement from voters.

Fatah won local council majorities in six towns, but lost in five others, a performance some said fell below expectations. In four of the towns where Fatah lost, including Ramallah, the seat of Abbas' government, voters preferred independent lists dominated by Fatah breakaways. In a fifth, biblical Bethlehem, never a Fatah stronghold, leftists and independents won.

THE ASSOCIATED PRESS

Analysts weigh in

Analysts portrayed the outcome as a blow to Fatah's leadership.

- "The elections reflected people's disappointment in the leadership's ability to lead them to a common goal," said pollster Nader Said.

East Jerusalem

PM vows to keep building on occupied land

Israel's prime minister pledged to continue building in east Jerusalem on Sunday, despite objections from Palestinians.

Benjamin Netanyahu spoke Sunday after the European Union's foreign-policy chief criticized plans to build 800 new apartments and a military college on contested land, which the international community considers to be under Israeli occupation.

THE ASSOCIATED PRESS

Bollywood

'King of Romance' dies of dengue fever

Bollywood movie mogul Yash Chopra died Sunday in Mumbai more than a week after he contracted dengue fever, a doctor said. He was 80. THE ASSOCIATED PRESS

Syrian army sniper guns down civilian

A civilian is shot in his stomach on Saturday as he tries to escape the line of fire after he was targeted by a Syrian army sniper while walking near the frontline in Aleppo, Syria. Aleppo, where Syrian rebels are fighting government forces, is the country's largest city and its former business capital NARCISO CONTRERAS/THE ASSOCIATED PRESS

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Halloween no longer a PR nightmare for cats

Some animal welfare groups are promoting the adoption of black cats in October. SETH CASTEEL/THE CANADIAN PRESS FILE

Black, orange and calico felines. Until recently, there were concerns they could be abused if adopted over Halloween

Bans on the adoption of black cats on Halloween were commonplace until a few years ago as many worried the animals would be harmed by pranksters or animal abusers.

But animal-welfare activists say the dark-coated felines are proving they aren't as much of a target this time of year as previously thought. Now, at least two major animal-welfare groups are deliberately promoting the adoption of black cats in October, saying the furry felines could use the marketing boost.

"Realistically, we've consulted with our investigations department and they don't see an increase of cat-cruelty cases," said Alison Cross, senior communications manager at the Ontario SPCA.

The group is offering a $5 discount on black, orange and calico cats in the days leading up to Halloween, and dismisses concerns about the animals being at risk.

THE CANADIAN PRESS

Urban myth

"All this urban myth was doing was preventing us from getting black cats into homes.... It wasn't actually doing anything to deter people who are trying to get cats for bad purposes."

Melanie Coulter, executive director of Windsor/Essex County Humane Society

Halloween horror

Relative shoots girl, 9, thought she was a skunk: Cops

Police say a costumed nine-year-old girl was accidentally shot outside a western Pennsylvania home during a Halloween party by a relative who thought she was a skunk.

New Sewickley Township police say the girl was over a hillside and wearing a black costume and a black hat with a white tassel. Chief Ronald Leindecker says a male relative mistook her for a skunk and fired a shotgun, hitting her in the shoulder Saturday night.

Leindecker tells the Beaver County Times that the girl was alert and talking when she was flown to a hospital in Pittsburgh, about 50 km away.

THE ASSOCIATED PRESS

Medical lawsuit

Son pronounced dead, but it wasn't true: Parents

The parents of an eight-year-old boy who has had severe brain damage for years have sued a Chicago hospital, alleging that doctors pronounced their son dead, keeping him off his ventilator for hours, even though relatives continued to insist that the boy's eyes and body were still moving.

The lawsuit filed this week by Sheena Lane and Pink Dorsey on behalf of their son, Jaylen Dorsey, accuses Mercy Hospital and Medical Center of negligence in the February incident and alleges that five hours passed before staff performed a cardiac ultrasound, which showed his heart was beating. THE ASSOCIATED PRESS

Underwater pumpkin carving

Cat Rambo carves her interpretation of Republican presidential candidate Mitt Romney at the Underwater Pumpkin Carving Contest Sunday, in the Florida Keys National Marine Sanctuary off Key Largo. Organized by the Amoray Dive Resort, the event attracted 42 divers who participated or watched. BOB CARE/FLORIDA KEYS NEWS BUREAU/THE ASSOCIATED PRESS

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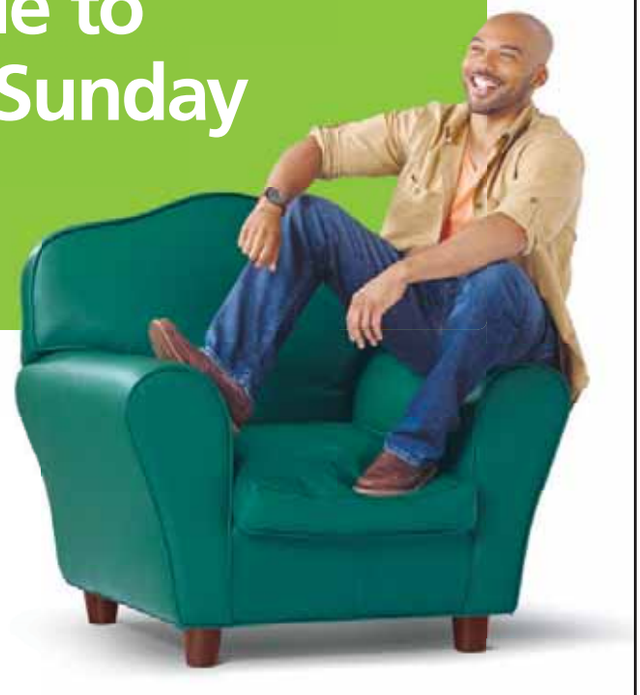

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Cuba. Rumours of Fidel Castro's death greatly exaggerated

Former Venezuelan Vice-President Elias Jaua said Sunday that he met with aging revolutionary icon Fidel Castro for five hours and showed The Associated Press photos of the encounter, quashing persistent rumours that the former Cuban leader has died, was on his deathbed or had suffered a massive stroke.

Jaua also confirmed that the 86-year-old retired Cuban president accompanied him to the Hotel Nacional after their meeting Saturday, in which they talked about politics, history, culture and tourism.

Jaua showed a photograph of himself in a minibus along with the former Cuban leader, Castro's wife, a hotel executive and several other people. The photo shows Jaua and Castro smiling broadly, and the former Cuban leader is wearing a checked shirt and cowboy hat.

The public appearance was Castro's first in months. He has also ceased writing his once-constant opinion pieces, the last of which appeared in June. THE ASSOCIATED PRESS

Opening doors

Cuba risks exodus with market reform

Cuba seems to be betting that its decision to allow most of its citizens to travel abroad freely will be as good for its economy as it is for its public relations. The announcement comes as the communist island nation carries out a cautious free-market experiment to reform its economy.

Among the measures are a plan to fire one million state workers and allowing more entrepreneurship.

Cuba's leaders seem confident that lifting exit-visa requirements will not produce an embarrassing exodus. Instead, experts say, a controlled migration might provide an outlet for unemployed workers, and Cubans might return with experience in market economies. THE ASSOCIATED PRESS

Protests in Lebanon turn violent over assassination

Civil unrest. Protesters blame Syria for death of intelligence official

Lebanese security forces unleashed a barrage of gunfire and tear gas in central Beirut on Sunday to disperse hundreds of protesters trying to storm the government headquarters after the funeral of a top Lebanese intelligence official, who was killed by a car bomb.

The protesters blamed the assassination on the government of neighbouring Syria and consider Lebanon's current government to be too close to that embattled regime.

Many also chanted against Hezbollah, the Lebanese militant group that dominates the government and serves as the Damascus regime's closest Lebanese ally.

As the battle raged, with protesters and security personnel pelting each other with hunks of concrete, metal bars and tear gas canisters, former Prime Minister Fuad Saniora appealed for calm.

Lebanese protesters are enveloped in tear gas on Sunday as they pull a barbed-wire barrier during clashes after the funeral of Brig. Gen. Wissam al-Hassan, who was assassinated Oct. 19 by a car bomb in Beirut. HUSSEIN MALLA/THE ASSOCIATED PRESS

"The use of violence is unacceptable and does not represent the image that we want," Saniora said in a televised address.

Even before Friday's bombing, the civil war in Syria had set off violence in Lebanon and deepened tensions between supporters and opponents of President Bashar Assad's regime. The assassination has laid bare how vulnerable Lebanon is to renewed strife, threatening to shatter a fragile political balance struck after decades of civil unrest — much of it linked to Syria.

Sunday's clashes erupted after the funeral for Brig. Gen. Wissam al-Hassan, who was killed along with his bodyguard by a Beirut car bomb on Friday. Al-Hassan, 47, was a powerful opponent of Syria in Lebanon.

Security officials have said six others were killed in the bombing, and scores were wounded. But Lebanon's National News Agency said on Sunday that the final death toll was three: Al-Hassan, his guard and a civilian woman. THE ASSOCIATED PRESS

A funny thing happens when you tell kids they matter. They believe you.

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The push to capitalize on Africa's growth

Africa 2.0. A network of emerging leaders wants to rebrand the continent, encourage entrepreneurship and profit from stability

ELISABETH BRAW
Metro World News in London

Developing apps at an Internet café in Kumasi, Ghana. ELISABETH BRAW/METRO

In Addis Ababa, donkeys and goats graze by a street, with a "Facebook and Internet café" for a backdrop. There are shacks, open pits, garbage pickers — and young entrepreneurs toting iPads.

But Ethiopia is not the only African country with rapid growth. Last year Ghana was the world's fastest-growing economy, according to the Africa Progress Report. Among the others in the world's top 10: Congo, Mozambique, Nigeria, Zimbabwe and the Democratic Republic of Congo. Welcome to Africa 2.0.

"Africa has one billion people, and will have two billion by 2040," notes Mamadou Toure, a young former JP Morgan banker who now works for the International Finance Corporation.

"It's a very young population. That's a huge potential workforce. And, thanks to democratization and stability, many Africans are returning from the diaspora. These young Africans are better educated, too. And all of this attracts investors as well."

Toure, who was born in Senegal and grew up in France, is one the founders of Africa 2.0, a network of emerging African leaders in politics, business and civil society.

Stability has led to impressive growth in former war zones like Rwanda, whose economy grew by nearly seven per cent last year, powered by tourism and exports of tea and coffee.

"Rwanda, Uganda and Ghana are good cases in point," says Lina Mohohlo, Governor of the Central Bank of Botswana and a board member of the Africa Progress Panel, a group of international leaders monitoring African development.

"Their economic growth is underpinned by policy reforms, the gains from diversifying the economies, growing exports related to growing international demand and rising commodity prices. There's no reason why the continent shouldn't sustain this positive development."

In Accra, the capital of Ghana, Vodafone is building shiny new headquarters. Indeed, a whole new Airport City is rising around the ramshackle airport.

Toure knows Africa's remaining challenges well. "Several years ago, young Africans were starting to move back, but Africa was still the Dark Continent, with frequent coups.

"Now that's changing. Young Africans want to rebrand Africa, introduce best practices, establish a vision for our continent. And we have to make sure our growth is shared. That's why entrepreneurship is so important."

Africa outpaces the world

Of the world's 10 fastest-growing economies, eight are African:

1 Ghana: Strengths are agriculture (predominantly cocoa), oil, tourism
2 China
3 Republic of Congo: Strengths are oil, minerals, engineering
4 Ethiopia: Strengths are agriculture (predominantly coffee), textiles, manufacturing
5 India
6 Mozambique Strength is aluminum
7 Nigeria: Strengths are telecommunications, construction, retail, manufacturing
8 Rwanda: Strengths are agriculture (predominantly tea and coffee), tourism, minerals
9 Democratic Republic of Congo: Strengths are agriculture, minerals, construction
10 Zimbabwe Strength is mining

Wireless. In U.S., brazen phone thefts are on the rise

In San Francisco, a tech-savvy city teeming with commuters and tourists, the cellphone has become a top target of robbers who use stealth, force and sometimes guns.

Nearly half of all robberies in San Francisco this year are cellphone-related, police say, and most occur on bustling transit lines. One thief recently snatched a smartphone while sitting right behind his unsuspecting victim, then darted out the rear of a bus in mere seconds. Another robber grabbed an iPhone from an oblivious bus rider — while she was still talking.

These brazen incidents are part of a ubiquitous crime wave striking coast to coast in the U.S. New York City Police report that more than 40 per cent of all robberies now involve cellphones. And cellphone thefts in Los Angeles, which account for more than a quarter of all the city's robberies, are up 27 per cent from this time a year ago, police said.

"This is your modern-day purse snatching," said longtime San Francisco Police Capt. Joe Garrity, who began noticing the trend about two years ago.

Thefts of cellphones — particularly the expensive do-it-all smartphones — are costing consumers millions of dollars and sending law enforcement agencies and wireless carriers nationwide scrambling for solutions. THE ASSOCIATED PRESS

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COST OF LIVING IN CALGARY? 'VERY HIGH'

URBAN COMPASS
Janice Paskey
calgary@metronews.ca

City council went in camera to secretly talk about a citizen-satisfaction survey last week.

Are citizens grumbling in Caltopia? If you think it's expensive to live here, it is.

Consider this: It cost me less to park in Manhattan, stay in Manhattan and eat at an Italian resto in Manhattan than in downtown Calgary. Plays in Central Park were free.

So I asked consultant Steven McManus his thoughts. He runs the site Xpatulator.com, a compensation consulting company.

"To live in Calgary is slightly cheaper than New York," he notes. Sure, N.Y.C. housing is pricier, but recreation/culture, Internet/cellphone and transportation are less expensive in the Apple than in Calgary.

"The cost of living in Calgary is very high when compared to other places," he notes in his research. On the "very high" list: cellphone and Internet, alcohol, clothing, groceries, furniture, appliances, haircuts, recreation and culture, and miscellaneous items such as dry cleaning, linens and newspapers. Housing and food are "high" cost.

Paying the price

Recreation/culture, Internet/cellphone and transportation are less expensive in New York City than in Calgary.

What can our governments do?

They need to take pressure off citizens. Cut back. Stop spending on urban sprawl.

The 2012 Vital Signs report shows serious concerns about the cost of housing. We got a C+.

How can a city like Calgary have no rent control, and no requirement for mixed housing prices within neighbourhoods?

People are pushed out to sprawling suburbs where housing is cheaper, but transit is sparse.

Taxpayers still subsidize suburbs and the mega-road projects to keep traffic flowing toward the inner city.

My own students write of living in places "with nothing to do, nowhere to go."

Vital Signs also notes the high cost of Calgary recreation. Just try to find public skating during evenings or weekends. Some 99 per cent of city arena ice time goes to high-cost organized sports.

There are barely any decent cultural events like public theatre or concerts.

How about the public library? Happy birthday 14-year-olds, now you can pay for a library card. Or your parents can.

The province lets school boards levy fees like no tomorrow; the feds prevent competitors from driving down communication costs.

Here in Calgary, we've been blessed with a strong economy, but as it cools, costs pile up. Families take on more debt. Youth struggle to get traction with housing or careers.

If the cost of living in Calgary is similar to that of New York City, then maybe our mayor should get the same mayoral powers, including the power to veto a bill and appoint key officials.

Such powers might come with the courage to discuss a citizen-satisfaction survey in public.

Rage against the machine

KEITH CROWLEY/SOLENT

'Wild' life

Angry elk vents fury on family car

This rampaging elk started attacking passing cars after having a fight during mating season.

The fuming animal, which had been clashing with other male elk, lashed out at tourists who had stopped to watch the beasts at Yellowstone National Park in Wyoming.

It is rutting season and male elks (bulls) are trying to attract the attention of female elks (cows) to breed with.

"In the process of trying to win over a harem, the elks battle each other," the photographer, Keith Crowley, explained. METRO

Photographer's viewpoint

"In their heightened state, they will also attack anything they see as a threat to 'their' cows, including pedestrians and vehicles."

Wildlife photographer Keith Crowley, 51, from Wisconsin
Crowley said drivers couldn't resist slowing down to take a look at the gathering of around 60 elks one evening

Elk

- **Population in Yellowstone.** The elk is the most abundant large mammal found in Yellowstone: more than 30,000 during the summer and roughly 15,000 to 22,000 in the winter. Elk have frequented Yellowstone for more than 900 years.
- **Rut is a riot.** During the breeding season (September to mid-October), bulls coat themselves in mud to "perfume" themselves to attract mates. Bulls spar each other with antlers and cry out a series of low-pitched bellows (known as bugling) to establish their dominance over a certain region.

By the numbers

47

The number of vehicles that were damaged by one bull, Crowley counted. The nature photographer said visitors are unaware that, by slowing down their cars to catch a glimpse of an elk, they can cause an attack. "Despite an abundance of signs warning of the danger and park rangers shouting instructions to keep moving, most drivers simply slowed down," he said. "They appeared unaware that the bulls might actually attack their vehicles."

Not-so-smart cookie

That sweet tooth could rot your brain, study says

Bad news sugar lovers: A diet high in fructose won't just make you fat, it may also make you stupid, according to research out of California.

A steady high-fructose diet disrupts the brain's cognitive abilities, leading to poor learning and memory retention, says a study by Fernando Gomez-Pinilla, a neurosurgery professor at the David Geffen School of Medicine at UCLA and Rahul Agrawal, a visiting UCLA postdoctoral fellow from India.

"This type of diet ... (affects) the transmission of information across cells ... learning and memory and practically any type of brain function depends very much on how transmission is transported across cells," Gomez-Pinilla said.

Research has already proven a high-fructose diet leads to a slew of health concerns, including obesity, diabetes and fatty liver.

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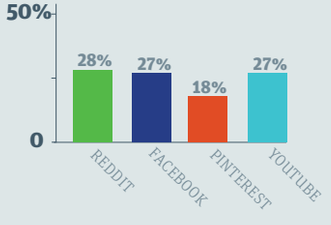

Twitter

@JillHunchak: Going to #yyc to get on the red arrow back to Edmonton. Someone stop me before I get on a plane. #travel

@carlykoop: Pssst.... @StarbucksCanada .....it snowed in #yyc yesterday — time to turn the furnace on! Or....is this a marketing ploy? ;-)

@JettThunders: Whoa! @CJSW Funding Drive is cruising! Over $60,000 after two days. Crazy! Rad! #yyc #keepontruckin'

@rivertroutt: going to crochet all day so i can try to make a scarf for tomorrow. #brr #yyc

@abbassomji: "Guys, can we act like we've been out in public before?" — patient #YYC mom to rowdy 3 sons at the mall #eavesdropping #childhoodmemories

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RuPaul, host of RuPaul's All Stars Drag Race, won't admit to any favourites on the show. GETTY IMAGES

RuPaul gets revved up for an all-star Drag Race

Go big or go home.
Queen of reality TV brings former contestants back to avenge their losses and vie for top prize

NED EHRBAR
Metro World News in Hollywood

After four seasons of fierce competition — with a fiercely loyal cult following — drag superstar RuPaul is giving 12 former contestants another shot at glory with RuPaul's All Stars Drag Race. But don't expect the outspoken host and judge to admit to any favourites.

So what's new on the show this season?
Well, obviously we have the all-stars, who are basically the Avengers of drag. These are the biggest and the best. They are avenging the fact that these are the girls who did not win the top prize, so they've got something to prove. Even the weakest competitor has an incredible story to tell, because these are kids who come from backgrounds where they've been ostracized and shut out, and they've persevered. We all live in a patriarchal, masculine culture, and doing this kind of work, to go against the grain like this, is nothing short of heroic.

Do you have any favourites among the all-stars?
I'm the mommy, I cannot play favourites. Of course I have favourites, but I can't tell anybody (laughs). I have the best job in the world. I've always loved queens. I've always loved people who dance to the beat of a different drummer, and I've found myself in the best job in the world... I love creativity. I love to take something apart and rebuild it and see what makes it work. And when we're producing this show, before the cameras roll, we're putting together an ensemble of creative people to be our competitors, but we're also putting together these challenges that are really kind of life challenges in disguise — wrapped up in pretty, funny packages. So I love being creative, and that's what this job allows me to do. And also I get to usher these incredible entertainers into the big time, because our show is seen in 25 different countries around the world, so they become world-famous. Even the girl who's eliminated first becomes world-famous.

For more info...

- **Watch it.** RuPaul's All-Stars Drag Race series will air exclusively on OUTtv on Mondays, premiering Oct. 22 at 9 p.m. ET/PT. Followed by the behind-the-scene series Untucked: All-Stars.

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Lindsay Lohan ALL PHOTOS GETTY IMAGES

Lindsay Lohan calls police on her dad

Lindsay Lohan apparently can't win with either of her parents.

The actress, whose recent argument with her mom led to police intervention, reportedly called the police on dad Michael Lohan, who had turned up at her Beverly Hills home with a group of friends to stage an intervention, according to TMZ.

Michael told the website that his daughter is in need of treatment and has been surrounding herself with "a bunch of alcoholics and drug addicts."

Police arrived in response to a complaint that Michael and his posse were trespassing, and they soon dispersed.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Timberlake and Biel by the numbers

THE WORD
Dorothy Robinson
scene@metronews.ca

Justin Timberlake married his first wife, actress Jessica Biel, on Friday night in southern Italy.

Although the wedding was on lockdown harder than Britney Spears' virginity circa 1998, some details have leaked out. Here's a quick look at what it took for Biel to become Justified.

150: Number of guests, including Andy Samberg, Jimmy Fallon, 'N Sync singer Chris Kirkpatrick, actress Beverley Mitchell and Timbaland.

2: Number of times the couple has split in their five-year courtship.

5: Number of stars of the Borgo Egnazia, the luxury resort they took over for the festivities. The complex is located in Ostuni, Puglia, in the heel of Italy.

6.4: Cost, in millions, of Friday night's nuptials, according to Radar Online. This figure covered private jets, white flowers throughout the hotel complex, a fireworks show and the resort costs.

Katy Perry

Katy Perry playing hard to get with John Mayer

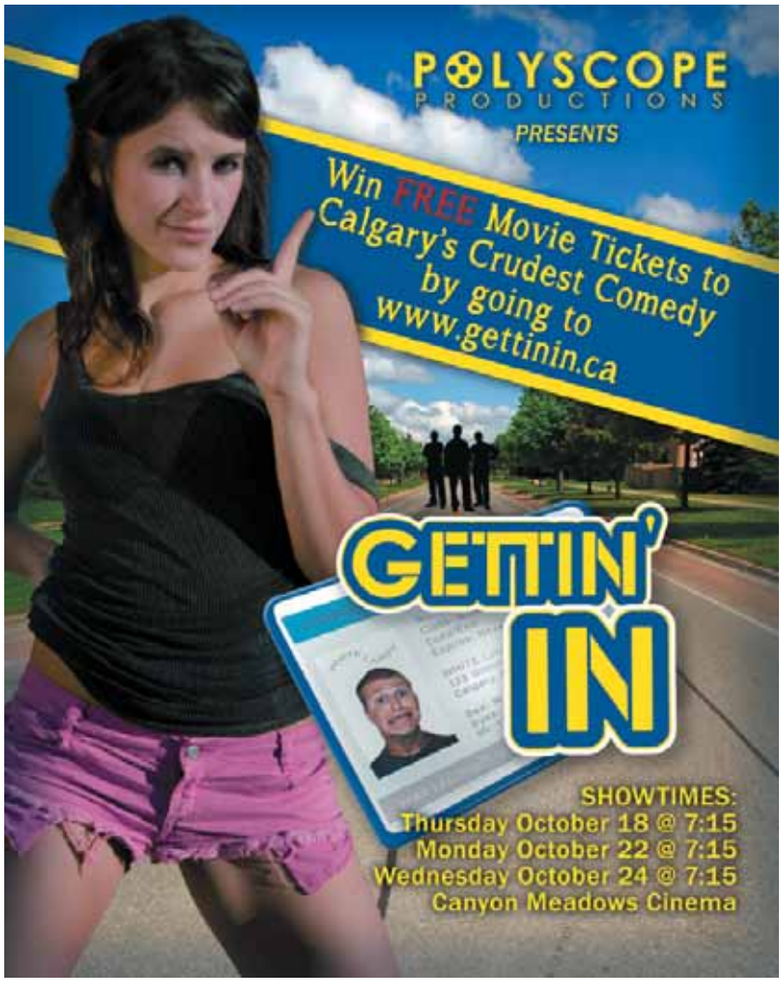
There's some new insight into why Katy Perry keeps sticking with on-again, off-again beau John Mayer, according to Us Weekly.

Apparently the pop star "believes she can change him," sources say.

"She doesn't want to be just another one of his conquests."

Her latest strategy — which may explain all the breaking up and making up rumours — is reportedly to play hard-to-get.

"She recently told John she was open to see other people," the source says. "Once Katy turned her back on him, he started chasing her again."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Parenting

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Kathy Buckworth,
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Family travel can be a lot of work, particularly if parents are responsible with not only packing for themselves, but for their kids as well.

Inevitably, when you reach your destination, at least one of the kids will pull a T-shirt out of their suitcase and say, "I'm not wearing this."

Put your kids in charge of their own suitcases. Teaching your kids to pack for themselves not only takes the stress off mom and dad, but it trains them to be responsible for their own belongings, which is invaluable as they grow up and head off to summer camp, sleepovers and eventually post-secondary education.

Even young kids who can't read can do their own packing. Give them a list using pictures of what they need to pack, and if you want a specific T-shirt or pair of pants, make them the right colour.

When they're older, help them create their list or at least describe what types of clothes you think they'll need for the different activities they'll be doing.

They'll learn how to avoid not packing enough and over-packing. If they forget something, it'll be a great lesson to take more care the next time.

KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH

So, they're still not eating their lunches?

Kitchen lessons. Food Network chef Dale MacKay shares his tips on getting your kids to eat — and love — what you pack for them

DAN CLAPSON
life@metronews.ca

It's almost the end of October and they're still brining home uneaten sandwiches?

Vancouver-based chef and Top Chef Canada Season One winner, Dale MacKay, offers his tips on getting kids of all ages inspired in the home kitchen and what you should be popping into your kids' lunch boxes.

When you were young, what was your favourite thing to have for lunch?
A good peanut butter and jelly sandwich, some fruit and some yogurt!

Now, as an adult, what's the most important thing to remember when assembling a lunch for your son, Aydan?
Try to hit all the food groups. Pack some raw vegetables, fruit. If you're going to go (with) a snack, then choose good quality granola bars that don't have a lot of sugar.

Does your son help make lunch/spend time in the kitchen with you?
He's starting to a lot more now. We cook dinners at home a lot ... I try to involve him way more often. Whether Aydan's cutting vegetables, pan frying or whatever it is, he's getting a lot more at ease.

Chef Dale MacKay and his son Aydan. SUBMITTED

What's a great fundamental cooking process or meal to start with when getting kids involved in the kitchens?
Chopping (ingredients) with you. Whatever you're cutting, whether it's celery or carrots, you can snack on it while you're cutting and explain why we're doing something a certain way, why you're using something … why the process is the way it is.

Any tips on how to get a kid to eat a fruit/vegetable they don't like?
That's hard. Some kids certainly don't love fruits and vegetables … but, take apples (for example) and go through different varieties of them. If you give a child a Granny Smith apple, he may never want to eat one again because they're so tart. If you get a Pink Lady apple, it's sweeter. That's what I did with Aydan and now he loves them so much.

As a parent, what's one junk food/fast food item you hate to see kids eating?
Too much candy! I rarely ever purchase anything that's straight sugar. I don't ever really give Aydan pop, so he doesn't crave it because he hardly ever gets it.

Kitchen Tips

Here are Dale's tips for getting kids of all ages involved in the kitchen.

- **Young children (5 - 8).** Bring them grocery shopping with you and ask for their help while making a meal.
- **Tweens (9 - 12).** Watch the Food Network with them and check out online cooking videos.
- **Teenagers (13 - 18).** Take them to an array of restaurants and search out different flavours found in ethnic cuisines. Then assign one night a week for them to cook.

Exclusively online

metronews.ca/voices

- **Couch potato.** Mommy hasn't watched this much TV since the height of her Full House addiction circa 1993. Follow along with the comedic (mis) adventures of mommyhood online at metronews.ca/voices

Forget the ham sandwich

DAN CLAPSON
life@metronews.ca

Chef Dale MacKay's recipe for homemade falafels is quick, easy and will taste great in your kid's sandwich or wrap come lunchtime!

Ingredients

Yogurt Mint Sauce
- 1/4 cup (50 ml) plain yogurt
- 2 tbsp (30 ml) fresh chopped mint
- 1/4 tsp (1 ml) each salt and pepper

Falafels
- 1/4 cup (50 ml) coarsely chopped red onion
- 2 cloves garlic, sliced
- 1 tbsp (15 ml) parsley leaves
- 1 can (19 oz/540 ml) chickpeas, drained and rinsed
- 1/2 cup (125 ml) fresh bread crumbs
- 1 tsp (5 ml) ground coriander
- 1 tsp (5 ml) ground cumin
- 1 tsp (5 ml) baking powder
- 1/2 tsp (2 ml) salt
- 1/4 tsp (1 ml) cayenne pepper
- 1 tbsp (15 ml) olive oil

1. In a small bowl, combine yogurt, mint and 1/4 tsp (1 ml) each salt and pepper. Set aside.

2. In a food processor, finely chop red onion, garlic and parsley. Add chickpeas, bread crumbs, coriander, cumin, baking powder, salt and cayenne. Pulse until a coarse mixture forms. Divide and shape into 4 balls. Flatten to thinness you desire

3. Heat oil in a nonstick skillet over medium heat. Add patties and cook for 3 – 4 minutes per side, or until golden. Patties will be fragile. Turn carefully with 2 spatulas.

This recipe makes four servings. DAN CLAPSON

4. Serve warm with a dollop of yogurt sauce on top.

RECIPE COURTESY OF DALE MACKAY

The PB & J makeover

Most kids — and many adults who want to remember being kids — love peanut butter and jelly sandwiches. Problem is, this childhood staple is high in fat and sugar. So it's time for a remake of the sandwich.

The first fix is the bread. Skip the fluffy white bread and go straight to a multigrain or whole wheat. The second fix is the jelly. Even the healthiest varieties are jammed with sugar. So start with a base of all-fruit spread, but add a healthy dose of real fresh berries.

The final trouble spot in the typical PB&J is the peanut butter. Opting for a natural, unsweetened peanut butter gets you on the right track. But even regular peanut butter is loaded with fat. So you want to use it sparingly. But that doesn't taste nearly as good as loading it on.

The solution? Mix together peanut butter and cooked instant oatmeal. Crazy? Maybe a little. But oatmeal has a nutty, pasty quality to it already. Mixed with peanut butter, it makes a delicious sandwich filling. Of course, be sure not to buy sweetened instant oatmeal.

Updated Peanut Butter and Jelly Sandwich

This recipe serves one. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 1 tbsp instant oatmeal
- 3 tbsp non-fat milk
- Pinch salt
- 1 tbsp natural unsalted peanut butter
- 1/4 cup chopped fresh berries
- 2 tsp all-fruit spread
- 2 slices multigrain or wholewheat bread

1. In microwave-safe bowl, combine oatmeal, milk and salt. Microwave on high 1 min., or until boiling. Allow to cool 5 mins. and stir in peanut butter.

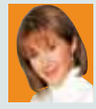
2. In another bowl, stir together the berries and fruit spread.

3. Spread the peanut butter-oat mixture on one slice of bread and the fruit mixture over it. Top with the second slice of bread.

THE ASSOCIATED PRESS

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit rosereisman.com

Desserts at restaurants always look delicious and taste even better. Their nutritional information, however, doesn't look quite as nice.

Milestones The Cookie

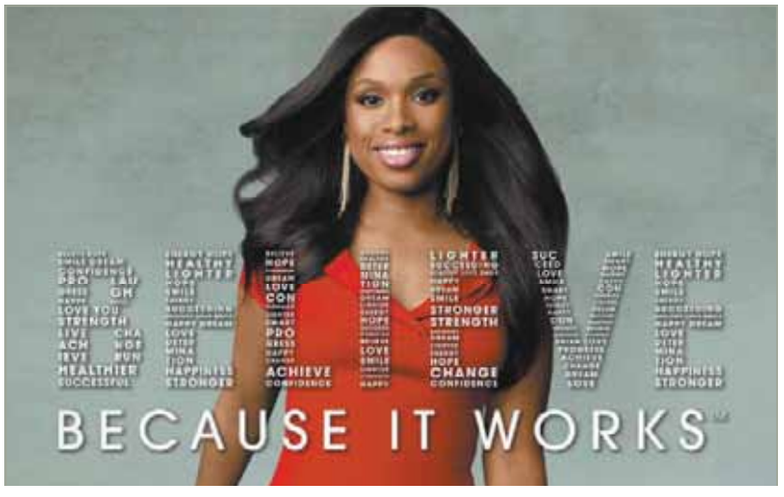
1,300 calories/ 69 g fat/ 36 g saturated fat/ 113 g sugar
With gelato, which is less calories and fat than ice cream, and chocolate and caramel sauces, this cookie holds a day's worth of fat and calories.

Equivalent

One innocent sounding The Cookie from Milestones is equal in calories to three and a half medium strawberry sundaes from Dairy Queen.

Milestones Ibarra Chocolate Cake

334 calories/ 18 g fat/ 9 g saturated fat/ 30 g sugar
Even with gelato, chocolate sauce and whipped cream, this Mexican chocolate lava type of cake contains less calories, fat and sugar.



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The In-Credibility Factor

Name: Darren Smith
City: Baysville, Ont
Age: 25
Occupation: Owner and president of Lake of Bays Brewing Company

THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

Darren Smith PROVIDED

In his third year of university, Darren started recipe development for his own brand of beer in a pot on top of his stove. After putting together the necessary financing, Smith opened his brewery in May of 2010 with a staff of four. After two successful years, he now employs 25 people and sales of Lake of Bays Beer have quadrupled.

I knew I was on my way when... we started getting the first round of merchandise with our Lake of Bays logo on them. The night we opened, we went into the local pub in Baysville. Everyone was drinking Lake of Bays beer out of our glassware. It was cool seeing it served to people. We've gone from pale ale to four beers and our aim is to become one of the major players in the beer business, taking our brand across Ontario and eventually across the country.

Action Plan

• Talk to people: As an entrepreneur, it's easy to be filled with enthusiasm to make your idea work. Find people who are in the same business as you and really listen to them. You will benefit when they give you honest feedback on your business plan.

• Do some serious financial sleuthing: See if you can get your hands on the finances of a company that is doing what you want to do.

Get an idea of the financial structure of the business and ask them how long it took to get established and profitable.

• Abhor fixed costs: In a new business you're building sales and volume and if you have a lot of fixed expenses, it can be really challenging.

If you have to deliver your product, contract another company to do the deliveries and when the sales come you can justify buying your own vehicle to do the same job.

Making 'around the world' work for you and your family

Destination desk.
Discovering the best ways to do business in a faraway land

It's no surprise that company cost-cutting puts added pressure on business travellers, but that shouldn't mean compromising on comfort. Take a look at these helpful tips from Days Inns Canada to make your next business trip stress-free:

What to pack

The most important rule for any business traveller is to pack lightly. Be practical and only take items essential to your trip. Review luggage specifications with your carrier and if you do need to check a bag, be sure to have important documents in your carry-on.

Comfort counts

Why not pass on the four-star hotel and go for a two or three-star that provides clean, comfortable rooms, exceptional service and the essential hotel amenities all at a reasonable price? Many hotels offer a free breakfast and most have a fitness room or pool, so you can keep fit on the road.

Get rewarded

Check with the hotel you're considering to see if they offer a loyalty rewards program designed with the traveller in mind. Look for participating partners and you might earn valuable points or miles on every qualified stay.

Keep in touch

It's a good idea to send your business itinerary to a co-worker, friend or relative, so someone will always know your whereabouts.

Be sure to carry a cell phone when travelling alone and of course sending an email from the road to keep people informed is a good idea.

NEWS CANADA

Almost time for take off? Double-check that you've packed your travel documents along with all those work papers. ISTOCK

Rest and relaxation

Enjoy the ride

- When travelling for business, you rarely get to explore your destination. Why not take a couple of extra days at the end of your trip and invite family or friends to join you?
- This way you can take advantage of being in a new location and get some time to relax before going back to the office.

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Lockout

NHL's Daly says CBA framework is in place

Time is running short to save a full NHL season.

But with just days remaining to strike a new collective bargaining agreement and preserve an 82-game schedule, deputy commissioner Bill Daly indicated that he felt there was a deal to be made.

Asked on Sunday whether there was a chance for the sides to get something in place by Thursday's deadline, Daly responded by saying, "That's more of a question for the union than it is for me.

"We think there's a framework of a deal on the table," he added.

It's the same conclusion a number of observers reached after watching the league and NHL Players' Association move closer together in proposals delivered over the last week.

At worst, they remain about $550 million US apart in the division of revenue over a five-year deal — depending on which of the union's three proposals is used and at what rate the business ends up growing. They could be separated by as little as $320 million.

The NHLPA has shown a willingness to get to the league's desired 50-50 split of revenues over the course of the deal, but wants to ensure all current contracts are honoured in full. THE CANADIAN PRESS

Bill Daly GETTY IMAGES FILE

Giants third baseman Pablo Sandoval hits a double off of St. Louis Cardinals starting pitcher Chris Carpenter during the first inning of Game 6 of the National League championship series on Sunday in San Francisco. MARK HUMPHREY/THE ASSOCIATED PRESS

Vogelsong gets them singing in San Fran

NLCS. Starter pitches Giants to victory over Cardinals to force deciding Game 7

Game 6

Giants	Cardinals
6	1

Ryan Vogelsong and the San Francisco Giants saved their season once more, pushing St. Louis to a winner-take-all Game 7 in the National League championship series.

Turns out the defending champion Cardinals aren't the only team that's tough to put away in October.

Vogelsong struck out a career-best nine batters in another post-season gem, and the Giants avoided elimination for a second straight game by beating St. Louis 6-1 on Sunday night.

Marco Scutaro delivered a two-run double and Buster Posey drove in his first run of the series with a ground-out in the first inning as San Francisco struck early to support Vogelsong.

San Francisco's Matt Cain and St. Louis' Kyle Lohse are set to pitch in a rematch of Game 3, won by the Cardinals. There's a forecast of rain in the Bay Area during the day.

"It's kind of a joke in the clubhouse. About 60 per cent of my games have rain in the forecast," Lohse said. "I know these guys, I've seen them for six games. I know what I need to do.... It's time to get it done."

These wild-card Cardinals sure seem to like the all-or-nothing route in October, while San Francisco thrives playing from behind.

Now, it comes down to one game for the past two World Series champions to get back, with the Detroit Tigers waiting.

Pitching to chants of "Vogey! Vogey!" from the sell-out crowd of 43,070 at AT&T Park, the right-hander didn't allow a hit until Daniel Descalso's broken-bat single to centre with two outs in the fifth. Vogelsong struck out the side in the first and had already fanned five through two innings.

"This place is going to be loud, I can tell you that," Vogelsong said of Monday night. THE ASSOCIATED PRESS

By the numbers

5

The Giants have won five straight games this post-season when facing elimination.

NFL. Manning one-ups Washington rookie RG3

While Robert Griffin III is quickly becoming the NFL's most exciting quarterback, there's none better than Eli Manning with the game on the line.

Manning one-upped the Washington Redskins rookie sensation with a pinpoint 77-yard scoring pass to Victor Cruz with 1:13 to play and the New York Giants overcame a late touchdown toss by Griffin to defeat the Washington Redskins 27-23 on Sunday.

The winning drive was the 22nd of Manning's career in either the fourth quarter or overtime, his second this season and eighth over the past two seasons. THE ASSOCIATED PRESS

Eli Manning, left, and Robert Griffin III meet after Sunday's game in East Rutherford, N.J. GETTY IMAGES

CFL

Boyd back in Edmonton 10 days after being cut

The Edmonton Eskimos are bringing back Cory Boyd.

The club announced on Sunday that it had re-signed the running back after releasing him on Oct. 11. The Eskimos say they are bringing Boyd back because of an injury to Hugh Charles.

"As a precaution, we are bringing in Cory, who already knows our system," Eskimos head coach Kavis Reed said in a statement. THE CANADIAN PRESS

CFL. Als' Emry says sorry for punch vs. Roughriders

Montreal Alouettes linebacker Shea Emry has apologized on Twitter for punching Saskatchewan Roughriders lineman Brendon Labatte.

Emry was ejected late in the first half of Montreal's victory in Regina on Saturday for what appeared to be a punch below the belt to Labatte after a Roughriders touchdown.

The 26-year-old apologized to fans of both teams as well as to the CFL and commissioner Mark Cohon.

"I apologize to the @cfl @sskroughriders and @MTLAlouettes fans for my actions yesterday," Emry tweeted on Sunday. "It was a mindless act that isn't admirable." THE CANADIAN PRESS

Quoted

"That's not the person I am off the field nor is it an (example) I want to set for youth that are watching me on the field."

A Twitter post from Montreal linebacker Shea Emry after punching Saskatchewan lineman Brendon Labatte in Saturday's game

4 SPORTS

MLB

AMERICAN LEAGUE

LEAGUE CHAMPIONSHIP SERIES
(Best-of-7)
N.Y. Yankees (E) vs. Detroit (C)
(Detroit wins series 4-0)
Thursday's result
Detroit 8 N.Y. Yankees 1
Tuesday's result
Detroit 2 N.Y. Yankees 1
Sunday's result
Detroit 3 N.Y. Yankees 0

NATIONAL LEAGUE

LEAGUE CHAMPIONSHIP SERIES
(Best-of-7; x-if necessary)
(San Francisco (W) vs. St. Louis (wc)
(Series tied 3-3)
Sunday's result
San Francisco 6 St. Louis 1
Friday's result
San Francisco 5 St. Louis 0
Thursday's result
St. Louis 8 San Fransisco 3
Wednesday's result
St. Louis 3 San Francisco 1
Monday's game — All Times Eastern
x-St. Louis at San Francisco, 8:07 p.m.

WORLD SERIES

(Best-of-7; x-if necessary)
San Francisco-St. Louis winner vs. Detroit
Wednesday, Oct. 24
Detroit at San Francisco-St. Louis winner, TBA
Thursday, Oct. 25
Detroit at San Francisco-St. Louis winner, TBA
Saturday, Oct. 27
San Francisco-St. Louis winner at Detroit, TBA
Sunday, Oct. 28
San Francisco-St. Louis winner at Detroit, TBA
Monday, Oct. 29
x-San Francisco-St. Louis winner at Detroit, TBA
Wednesday, Oct. 31
x-Detroit at San Francisco-St. Louis winner, TBA
Thursday, Nov. 1
x-Detroit at San Francisco-St. Louis winner, TBA

GIANTS 6, CARDINALS 1

St. Louis	ab	r	h	bi	San Francisco	ab	r	h	bi
Jay cf	4	0	0	0	Pagan cf	5	0	0	0
MCrpnt 1b	3	0	1	0	Scutaro 2b	3	2	2	2
Beltran rf	4	1	1	0	Sandovl 3b	4	0	2	1
Craig lf	4	0	1	1	Arias 3b	0	0	0	0
YMolin c	4	0	0	0	Posey c	4	0	0	1
Freese 3b	4	0	0	0	Pence rf	4	0	1	0
Descals 2b	4	0	1	0	Belt 1b	4	2	2	0
Kozma ss	3	0	1	0	GBlanc lf	4	0	1	0
Crpntr p	1	0	0	0	BCrwfr ss	2	1	0	0
Schmkr ph	1	0	0	0	Vglsng p	3	1	0	1
SMiller p	0	0	0	0	Affeldt p	0	0	0	0
SRonsn ph	1	0	0	0	SCasill p	0	0	0	0
Salas p	0	0	0	0	Theriot ph	1	0	1	1
Rzpczy p	0	0	0	0	Romo p	0	0	0	0
Mujica p	0	0	0	0					
Totals	**33**	**1**	**5**	**1**	**Totals**	**34**	**6**	**9**	**6**

St. Louis	000	001	000 —1
San Francisco	140	000	01x —6

E—Kozma (1), G.Blanco (1). LOB—St. Louis 6, San Francisco 7. 2B—Beltran (3), Scutaro (3), Sandoval (1), G.Blanco (1). 3B—Belt (1). RBIs—Craig (2), Scutaro 2 (4), Sandoval (5), Posey (1), Vogelsong (1), Theriot (3). Runners left in scoring position—St. Louis 2 (Schumaker, S.Robinson); San Francisco 3 (Pence, B.Crawford, Pagan). RISP—St. Louis 1 for 3; San Francisco 3 for 10. Runners moved up—Posey.

St. Louis	IP	H	R	ER	BB	SO
C.Carpenter L,0-2	4	6	5	2	2	6
S.Miller	2	1	0	0	0	2
Salas	1 1-3	0	0	0	0	2
Rzepczynski	1-3	1	1	1	1	1
Mujica	1-3	1	0	0	0	0
San Francisco						
Vogelsong W,2-0	7	4	1	1	1	9
Affeldt	2-3	1	0	0	0	1
S.Casilla	1-3	0	0	0	0	0
Romo	1	0	0	0	0	1

Umpires—Home, Jerry Layne; First, Gary Darling; Second, Chris Guccione; Third, Bill Miller; Right, Ted Barrett; Left, Greg Gibson.

T—2:55. A—43,070 (41,915) at San Francisco.

AHL

Sunday's results
Grand Rapids 4 Toronto 3 (SO)
Binghamton 2 Hershey 1 (OT)
Syracuse 3 Wilkes-Barre/Scranton 1
Lake Erie 4 Texas 0
Rockford 5 Charlotte 4
Milwaukee 5 Houston 4 (OT)
Saturday's results
Toronto 5 Hamilton 0
Abbotsford 4 Chicago 1
Adirondack 4 St. John's 3
Albany 4 Worcester 0
Bridgeport 3 Wilkes-Barre/Scranton 2
Manchester 6 Portland 4
Norfolk 6 Connecticut 3
Providence 3 Springfield 1
Rochester 8 Hershey 7
Syracuse 6 Binghamton 5 (OT)
Charlotte 2 Rockford 1
Houston 5 Texas 3
Lake Erie 5 Oklahoma City 3
San Antonio 1 Milwaukee 0
Monday's games
No Games Scheduled.
Tuesday's games — All Times Eastern
Portland at St. John's, 6 p.m.
Hamilton at Rochester, 7:35 p.m.
Lake Erie at Oklahoma City, 8 p.m.

NBA PRESEASON

Sunday's results
Orlando 104 San Antonio 100
Philadelphia 88 Boston 79
Oklahoma City 108 Denver 101
Sacramento 99 L.A. Lakers 92
Saturday's results
Miami 104 San Antonio 101
Atlanta 110 Dallas 94
Indiana 83 Memphis 80
Boston 109 New York 98
Detroit 85 Charlotte 80
Washington 102 Milwaukee 94
Utah 99 L.A. Clippers 91
Monday's games — All Times Eastern
Milwaukee at Toronto, 7 p.m.
New York vs. Philadelphia, 7 p.m.
at Syracuse, NY
New Orleans at Dallas, 8:30 p.m.
Sacramento at Phoenix, 10 p.m.
Utah at Portland, 10 p.m.
Golden State at L.A. Clippers, 10:30 p.m.
Tuesday's games
Miami vs. Charlotte, 7 p.m.
at Raleigh, NC
Indiana at Cleveland, 7 p.m.
Oklahoma City at Chicago, 8 p.m.
Phoenix at Golden State, 10:30 p.m.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
y-Kansas City	33	17	7	9	40	26	60
x-D.C. United	33	17	10	6	52	42	57
x-Chicago	33	17	11	5	45	40	56
x-New York	33	15	9	9	54	46	54
x-Houston	33	14	8	11	48	39	53
Columbus	33	14	12	7	42	43	49
Montreal	33	12	15	6	45	50	42
Philadelphia	32	10	16	6	36	40	36
New England	33	8	17	8	38	44	32
Toronto	33	5	20	8	35	60	23

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
y-San Jose	33	19	6	8	71	42	65
x-Seattle	33	15	7	11	51	32	56
x-Real Salt Lake	33	17	11	5	46	35	56
x-Los Angeles	33	15	12	6	58	47	51
x-Vancouver	33	11	13	9	35	41	42
Dallas	33	9	13	11	40	45	38
Colorado	33	10	19	4	42	50	34
Portland	33	8	16	9	33	55	33
Chivas USA	33	7	18	8	22	56	29

x — Clinched playoff berth.
y — Clinched conference.
Note: Three points for a win, one for a tie.
Sunday's results
Los Angeles 2 San Jose 2
Portland 1 Vancouver 0
Seattle FC 3 FC Dallas 1
Saturday's results
Toronto FC 0 Montreal 0
New York 0 Sporting Kansas City 0
D.C. United 3 Columbus 2
New England 1 Chicago 0
Houston 3 Philadelphia 1
Colorado 2 Chivas USA 0
Wednesday's results
Seattle FC 0 Real Salt Lake 0
Wednesday's game — All Times Eastern
Philadelphia at Sporting Kansas City, 8:30 p.m.
Saturday, Oct. 27
New York at Philadelphia, 1:30 p.m.
New England at Montreal, 2 p.m.
D.C. United at Chicago, 4 p.m.
San Jose at Portland, 6:30 p.m.
Vancouver at Real Salt Lake, 9 p.m.
Houston at Colorado, 9 p.m.

ENGLAND

PREMIER LEAGUE
Sunday's results
Sunderland 1 Newcastle United 1
Queens Park Rangers 1 Everton 1

FRANCE

LIGUE 1
Sunday's results
Ajaccio 0 Bastia 0
Lyon 1 Brest 0
Troyes 1 Marseille 0

GERMANY

BUNDESLIGA
Sunday's results
Nuremberg 0 Augsburg 0
Hamburger SV 0 Stuttgart 1

ITALY

SERIE A
Sunday's results
Cagliari 1 Bologna 0
Atalanta 2 Siena 1
Chievo 1 Fiorentina 1
Inter Milan 2 Catania 0
Palermo 0 Torino 0
Parma 2 Sampdoria 1
Udinese 1 Pescara 0
Genoa 2 Roma 4

SPAIN

PRIMERA
Sunday's results
Getafe 0 Levante 1
Espanyol 3 Rayo Vallecano 2
Granada 1 Real Zaragoza 2
Osasuna 0 Real Betis 0
Real Sociedad 0 Atletico Madrid 1

CFL

WEEK 17

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
y-Montreal	16	10	6	0	440	445	20
Toronto	16	7	9	0	371	425	14
Winnipeg	16	5	11	0	339	492	10
Hamilton	16	5	11	0	470	515	10

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
y-B.C.	16	12	4	0	441	307	24
x-Calgary	16	10	6	0	464	382	20
x-Saskatchewan	16	8	8	0	425	361	16
Edmonton	16	7	9	0	370	393	14

x — Clinched playoff berth.
y — Clinched division.
Saturday's results
Calgary 34 Hamilton 32
Montreal 34 Saskatchewan 28
Friday's results
B.C. 39 Edmonton 19
Winnipeg 44 Toronto 32

WEEK 18

Friday's game — All Times Eastern
B.C. at Calgary, 9 p.m.
Saturday's games
Winnipeg at Hamilton, 1 p.m.
Toronto at Saskatchewan, 4 p.m.
Sunday, Oct. 28
Edmonton at Montreal, 1 p.m.

TENNIS

ATP-WTA KREMLIN CUP

At Moscow
MEN
Singles — Championship
Andreas Seppi (2), Italy, def. Thomaz Bellucci (4), Brazil, 3-6, 7-6 (3), 6-3.
Doubles — Championship
Frantisek Cermak, Czech Rep., and Michal Mertinak (1), Slovakia, def. Simone Bolelli and Daniele Bracciali, Italy, 7-5, 6-3.
WOMEN
Singles — Championship
Caroline Wozniacki (3), Denmark, def. Sam Stosur (1), Australia, 6-2, 4-6, 7-5.

ATP-ERSTE BANK OPEN

At Vienna, Austria
Singles — Championship
Juan Martin del Potro (1), Argentina, def. Grega Zemlja, Slovenia, 7-5, 6-3.
Doubles — Championship
Andre Begemann and Martin Emmrich, Germany, def. Julian Knowle, Austria, and Filip Polasek (2), Slovakia, 6-4, 3-6, 10-4.

WTA-BGL BNP PARIBAS LUXEMBOURG OPEN

At Luxembourg
Singles — Championship
Venus Williams, U.S., def. Monica Niculescu, Romania, 6-2, 6-3.
Doubles — Championship
Andrea Hlavackova and Lucie Hradecka (1), Czech Rep., def. Irina-Camelia Begu and Monica Niculescu (2), Romania, 6-3, 6-4.

ATP-STOCKHOLM OPEN

At Stockholm, Sweden
Singles — Championship
Tomas Berdych (2), Czech Rep., def. Jo-Wilfried Tsonga (1), France, 4-6, 6-4, 6-4.
Doubles — Championship
Marcelo Melo and Bruno Soares (3), Brazil, def. Robert Lindstedt, Sweden, and Nenad Zimonjic (1), Serbia, 6-7 (4), 7-5, 10-6.

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
New England	4	3	0	.571	217	163
Miami	3	3	0	.500	120	117
N.Y. Jets	3	4	0	.429	159	170
Buffalo	3	4	0	.429	171	227

SOUTH

	W	L	T	Pct	PF	PA
Houston	6	1	0	.857	216	128
Indianapolis	3	3	0	.500	117	158
Tennessee	3	4	0	.429	149	238
Jacksonville	1	5	0	.167	88	164

NORTH

	W	L	T	Pct	PF	PA
Baltimore	5	2	0	.714	174	161
Pittsburgh	3	3	0	.500	140	132
Cincinnati	3	4	0	.429	166	187
Cleveland	1	6	0	.143	147	180

WEST

	W	L	T	Pct	PF	PA
Denver	3	3	0	.500	170	138
San Diego	3	3	0	.500	148	137
Oakland	2	4	0	.333	113	171
Kansas City	1	5	0	.167	104	183

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	5	2	0	.714	205	137
Philadelphia	3	3	0	.500	103	125
Dallas	3	3	0	.500	113	133
Washington	3	4	0	.429	201	200

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	6	0	0	1.000	171	113
New Orleans	2	4	0	.333	176	182
Tampa Bay	2	4	0	.333	148	136
Carolina	1	5	0	.167	106	144

NORTH

	W	L	T	Pct	PF	PA
Chicago	4	1	0	.800	149	71
Minnesota	5	2	0	.714	167	131
Green Bay	4	3	0	.571	184	155
Detroit	2	3	0	.400	126	137

WEST

	W	L	T	Pct	PF	PA
San Francisco	5	2	0	.714	165	100
Arizona	4	3	0	.571	124	118
Seattle	4	3	0	.571	116	106
St. Louis	3	4	0	.429	130	141

WEEK SEVEN

Sunday's results
Minnesota 21 Arizona 14
Green Bay 30 St. Louis 20
Houston 43 Baltimore 13
N.Y. Giants 27 Washington 23
Dallas 19 Carolina 14
New Orleans 35 Tampa Bay 28
Indianapolis 17 Cleveland 13
Tennessee 35 Buffalo 34
Oakland 26 Jacksonville 23 (OT)
New England 29 N.Y. Jets 26 (OT)
Pittsburgh 24 Cincinnati 17
Thursday's result
San Francisco 13 Seattle 6
Monday's game — All Times Eastern
Detroit at Chicago, 8:30 p.m.

WEEK EIGHT

Thursday's game
Tampa Bay at Minnesota, 8:20 p.m.
Sunday, Oct. 28
Jacksonville at Green Bay, 1 p.m.
Indianapolis at Tennessee, 1 p.m.
Carolina at Chicago, 1 p.m.
Miami at N.Y. Jets, 1 p.m.
San Diego at Cleveland, 1 p.m.
Atlanta at Philadelphia, 1 p.m.
Seattle at Detroit, 1 p.m.
Washington at Pittsburgh, 1 p.m.
New England vs. St. Louis at London, 1 p.m.
Oakland at Kansas City, 4:05 p.m.
N.Y. Giants at Dallas, 4:25 p.m.
New Orleans at Denver, 8:20 p.m.
Monday, Oct. 29
San Francisco at Arizona, 8:30 p.m.

GOLF

MCGLADREY CLASSIC

At St. Simons Island, Ga.
Par 70
Final Round

Tommy Gainey, $720,000	69-67-68-60—264
David Toms, $432,000	65-67-70-63—265
Jim Furyk, $272,000	66-65-66-69—266
Brendon de Jonge, $165,333	66-69-68-65—268
Davis Love III, $165,333	65-66-66-71—268
D.J. Trahan, $165,333	66-67-66-69—268
Chad Campbell, $124,667	66-67-69-67—269
Greg Owen, $124,667	64-69-71-65—269
Charles Howell III, $124,667	66-68-67-68—269
Arjun Atwal, $92,000	67-63-69-71—270
Charlie Beljan, $92,000	66-71-68-65—270
David Mathis, $92,000	69-69-65-67—270
Michael Thompson, $92,000	65-68-69-68—270
Mark Wilson, $92,000	68-69-66-67—270
Blake Adams, $64,000	68-68-69-66—271
Daniel Chopra, $64,000	68-69-66-68—271
Harris English, $64,000	71-66-66-68—271
Kyle Reifers, $64,000	67-68-67-69—271
Scott Stallings, $64,000	68-70-67-66—271
Scott Brown, $41,714	67-70-70-65—272
Sean O'Hair, $41,714	73-66-67-66—272
Brendan Steele, $41,714	67-71-66-68—272
Camilo Villegas, $41,714	65-71-68-68—272
Bud Cauley, $41,714	62-70-68-72—272
Ken Duke, $41,714	67-68-68-69—272
Bill Lunde, $41,714	68-68-68-68—272
Stuart Appleby, $22,550	69-68-67-69—273
Roberto Castro, $22,550	69-66-68-70—273
Will Claxton, $22,550	70-66-65-72—273
Ben Crane, $22,550	68-71-62-72—273
Ben Curtis, $22,550	68-69-66-70—273
James Driscoll, $22,550	67-69-71-66—273
Joe Durant, $22,550	65-71-67-70—273
Mathew Goggin, $22,550	67-66-68-72—273
Brian Harman, $22,550	67-72-65-69—273
Russell Knox, $22,550	71-68-67-67—273
Jason Kokrak, $22,550	68-70-66-69—273
Danny Lee, $22,550	65-70-69-69—273
Rory Sabbatini, $22,550	69-65-67-72—273
Vijay Singh, $22,550	66-68-68-71—273
Also:	
David Hearn, $9,413	**66-71-71-68—276**

TRANSACTIONS

CFL

EDMONTON ESKIMOS—Signed RB Cory Boyd.

MLB

BOSTON RED SOX—Acquired manager John Farrell and RHP David Carpenter from Toronto for SS Mike Aviles. Agreed to terms with Farrell on a three-year contract through 2015.

NBA

MIAMI HEAT—Waived C Mickell Gladness and F Robert Dozier.

Horoscopes

♈ Aries
March 21 - April 20
The odds may have been against you of late, but you refused to give up and you will soon reap the rewards. Today, you should make it a priority to patch things up with people with whom you've fallen out.

♉ Taurus
April 21 - May 21
The Sun's change of sign tomorrow will give you the chance to help other people, but you have got to be realistic and accept that you cannot help everyone. Do what you can when and where the opportunity arises.

♊ Gemini
May 22 - June 21
Start winding things down a little. You have been moving at top speed for quite a while so now you need to balance things out and give both your body and your mind time to recover. They need it.

♋ Cancer
June 22 - July 23
You need to resolve a family issue that has been causing you sleepless nights, and you need to resolve it now. As of tomorrow, you won't find it so easy to talk to loved ones — nor will you have the time.

♌ Leo
July 24 - Aug. 23
No doubt you have a lot to say for yourself — as always — and no doubt it is well worth listening to. But don't hog the conversation today. Let others have their say. You may be surprised how much you learn.

♍ Virgo
Aug. 24 - Sept. 23
You still have time to sort out a problem that has been bugging you but you have got to be quick. If you leave it much longer it will cause you more than just anguish. It will also cost you some serious money.

♎ Libra
Sept. 24 - Oct. 23
It may seem as if time is running out, but there is no point rushing to catch up because you will only make mistakes. What's done is done and cannot be undone. It is time to move on.

♏ Scorpio
Oct. 24 - Nov. 22
One of the most difficult phases of the year is coming to an end and by this time tomorrow, it will feel as if a great weight has been lifted from your shoulders. Maybe it has or maybe it was never really there.

♐ Sagittarius
Nov. 23 - Dec. 21
As usual, you have been taking risks and cutting corners, and you have largely gotten away with it. However, the Sun's change of signs tomorrow means you need to tread carefully from now on.

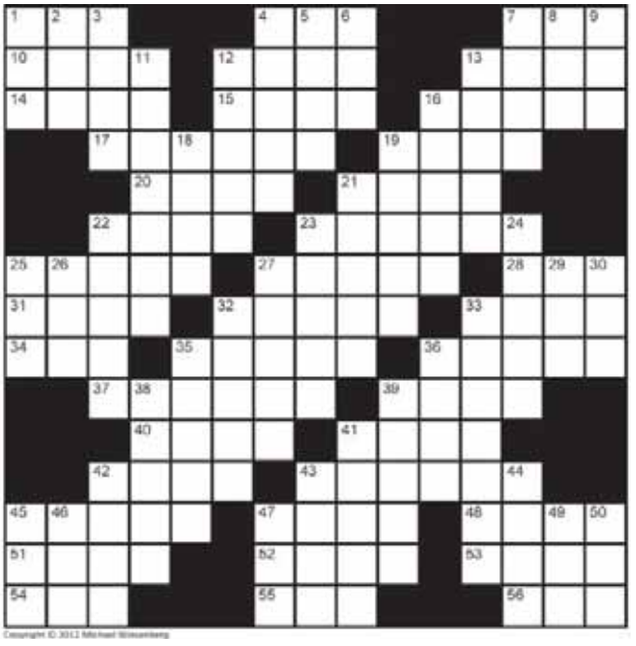
♑ Capricorn
Dec. 22 - Jan. 20
What seemed like a setback last week will now reveal itself to be a blessing in disguise, so don't feel too upset if you were denied something you desired. And stop worrying what the future will bring. It's all good.

♒ Aquarius
Jan. 21 - Feb. 19
If you define your goals clearly over the next 24 hours, you will be given the chance to realize them before the year comes to an end. Ignore what other people expect of you. Do only what feels right to you.

♓ Pisces
Feb. 20 - March 20
You are coming to the end of a difficult phase, but you have to admit that the lessons it taught you were valuable, maybe priceless. Here's another one: Don't overreact and do anything stupid. **SALLY BROMPTON**

From a Bank to a Failure

BY MICHAEL WIESENBERG



Across
1. BMO competitor
4. Animal enclosure
7. Alta. neighbour
10. Of the mouth
12. Charity event
13. "Arrivederci!"
14. Completely naked
15. Mounties, in short
16. Accompaniment for fajitas
17. Conservative Party
19. Conflagration
20. Pecans and pistachios
21. Plant used to make poi
22. Impertinent talk
23. Canadian or Laurentian ___: geological area that covers over half of Canada
25. 39.37 inches
27. Hiker's trail marker made of stones
28. ___ de Cologne
31. Like some fine wines or cheeses
32. Chess pieces
33. Black or yellow dogs, for short
34. Canadian name for what is called soda in the US
35. Ontario and Great Slave
36. Vice ___: in opposite order from that stated
37. Divvied up
39. Low voice
40. Aardvark delicacies
41. Can of worms, perhaps
42. Black and wet
43. 1,000 kilogram units
45. Black-and-white "bear"
47. Vassal
48. Peruse
51. Quaker ___ cereal
52. "___ I care" (I don't care) (2 wds.)
53. Belle's boyfriend
54. Pete Townshend and Roger Daltrey's group, with "The"
55. Yukon's Logan and BC's Robson: abbr.
56. Satirical magazine that's been around since the 1950s

Down
1. Steal
2. Woman's undergarment
3. Grocery store vehicle
4. Footsteps
5. Shade trees
6. 40 winks
7. World's longest river
8. Existed
9. "One ___ customer" (2 wds.)
11. Montréal singer-poet Cohen best known for "Suzanne"
12. 32-Down, familiarly
13. Christmas song
16. Ambulance alert
18. Deceptive manoeuvre
19. County exhibitions
21. Loses weight, with "down"
22. Paces
23. Cut, as lumber
24. Honeys
25. You might go to the CAA for one
26. Bigheadedness
27. Baked desserts
29. Belly muscles, for short
30. Can. neighbour
32. Liberal ___
33. 14th PM Pearson (1963-68) (2 wds.)
35. Sri ___, formerly Ceylon
36. Like Narcissus
38. Poker players hold these
39. Many visitors to Calgary come because of its proximity to this
41. Early Frankenstein's Monster player Karloff
42. Fascinated by
43. Exam
44. Appear
45. "Right in the kisser!" preceder
46. What a dentist wants you to say
47. *I Am* ___: 2001 Sean Penn movie
49. Small battery
50. Failure

Friday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

			2	4	3			
	2			5			6	
	1	3				4	7	
		7				3		
4		1		2		8		7
		9				1		
	4	8				6	9	
	3			9			1	
			5	8	6			

Friday's Sudoku

Weather

TODAY	TUESDAY	WEDNESDAY
MAX: -1° MIN: -6°	MAX: -3° MIN: -5°	MAX: 3° MIN: -11°

BT BREAKFAST TELEVISION

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